

The background of the image is dark with numerous bright, out-of-focus light spots (bokeh) and streaks of light, resembling sparklers or fireworks. The central text is contained within a white-bordered black rectangle.

**7.5 PERSONAL HABITS
TO IGNITE YOUR BUSINESS**

**WHO SAID THE REAL ESTATE
PROFESSION WAS STRESSFUL?!**



I'M 48 AND I FEEL GREAT!





**“The best thing you
can give your clients
[friends, family, co-
workers]
is a healthy you.”**

Ashton Gustafson

A dark background filled with numerous small, out-of-focus bokeh lights in shades of orange, yellow, and white. In the center, there are two large, bright bursts of sparklers, one at the top and one at the bottom, with many long, thin sparks radiating outwards. The overall effect is celebratory and energetic.

7.5 PERSONAL HABITS TO IGNITE YOUR BUSINESS



1

ORGANIZE YOUR SPACE







Revolutionary System of Organizing

Step 1

Take everything out



Revolutionary System of Organizing

Step 2
Sort into piles



Revolutionary System of Organizing

Piles

Discard, Donate, Da-Keep



Revolutionary System of Organizing

Step 3

Put everything back

A large, bold white number '2' is centered within a circular graphic. The circle is filled with a pattern of thin, parallel diagonal lines. The circle is positioned on the left side of the slide, overlapping a white vertical bar and the orange background.

2

CREATE A ROUTINE



3

**SURROUND YOURSELF
WITH NEXT-LEVEL
PEOPLE**



4

TAKE CARE OF YOUR MIND



“Happiness is a choice you make and a skill you develop. The mind is just as malleable as the body. We spend so much time and effort trying to change the external world, other people, and our own bodies, all the while accepting ourselves the way we were programmed in our youths. We accept the voice that talks to us in our head all the time as the source of all truth. But all of it is malleable, every day is new, and memory and identity are burdens from the past that prevent us from living freely in the present.”

Naval Ravikant



“Garbage in, garbage out.”
Mom



affirmations



feed your mind

Books, podcasts, conferences, etc.



5

TAKE CARE OF YOUR BODY



6

TAKE CARE OF YOUR SPIRIT



7

SYSTEMATIZE AND APP-ATIZE



7.5

YOU DO YOU

The background of the image is a dark, warm-toned scene filled with numerous small, out-of-focus light spots (bokeh) and several bright, active sparklers. The sparklers are positioned in the upper and lower center, creating a sense of celebration and energy. The overall color palette is dominated by deep blacks, dark browns, and vibrant oranges and yellows from the light sources.

**7.5 PERSONAL HABITS
TO IGNITE YOUR BUSINESS**



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